

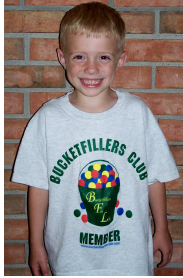
Bucketfillers for Life, Inc.

Howell MI, Albany NY, Pittsburgh PA, Washington D.C., Redding CA, St. Charles IL, Columbus OH



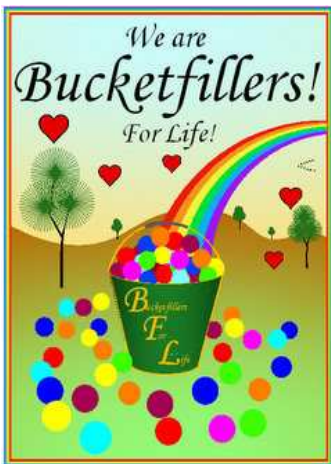
BFL News & Views

April 2010



Bucketfillers Club Member T-shirts are available through our web site at a cost of only \$9.95 with free shipping (with purchase of 4 or more.)

"We Are Bucketfillers For Life" Posters! These posters are 18" x 24" and high-resolution printed on heavy weight coated paper.



How to purchase: \$8.00 each. Available via phone or email:

517-546-3701

or

peter@bucketfillersforlife.com

The Miraculous Love and Forgiveness of a Child

By Stacey A. Lundgren

Some of the things that never cease to impress me and inspire gratitude for the opportunity to do this work, are the little miracles that happen when I least expect them. Some people believe in miracles, some do not. Some believe that miracles only happened back in biblical times. However you feel, I can say that miracles do happen frequently, and I am thankful to be a humbled observer of some of them. The source of miracles is one simple but mighty force: Love. In fact, if we think about miracles we have heard about, they really do all come from love.

In mid-March, I was privileged to do presentations at schools in northern Michigan. Toward the end of a 4th grade workshop, a miracle occurred. Students had just shared with their classmates the things they had written to a loved one. One of the boys who had already shared stood up and raised his hand. I called on him, thinking he had added something to his list and wanted to share that. He said "I have something I want to read. I need to get this off my chest." I invited him to do so. Instead of standing at his desk to read it, which is what we normally do, he walked to the front of the room and stood next to me. He held a piece of lined paper in his hands, and read. The room was totally still except for his strong

voice. What I write now is paraphrased, because I did not ask him for a copy of it.

Dad, you called me this week. You have moved to another state far away, and I miss you. You told me that you don't think you should be in my life anymore. I know you have problems, but I will always love you. I know you won't call me anymore and maybe I'll never see you again. But I will think about you and love you forever.

He had tears in his eyes, but he didn't cry. I was stunned by his expression of unconditional love. Fighting my own tears, I put my arm around him and whispered in his ear "Someday your father will want to see you again. You might be a grown man by then. But you know what? He will be very proud that you are his son." The boy shook his head affirmatively and returned to his seat.

We adults have much to learn from children. Perhaps it is children who should be the decision-makers in the world, running cities, states and countries. There would be lots of playing and joyful shouting, music, dancing, laughter, love and forgiveness. Sounds good to me....

BFL Maintenance Program: Keeping the Message Alive

By Peter Lundgren

What our mind attends to, it considers. What our mind does not attend to, it dismisses. What our mind attends to regularly, it be-

lieves, and what the mind believes, it eventually does.

These words explain the purpose of BFL's Maintenance Program.

BFL Maintenance Program (cont.)

(Continued from page 1)

BFL's Bucketfilling Schools, 280 at last count, have invested time, energy, and money, in the creation of their Bucketfilling School. The impact of the program is immediate and powerful. However, like all newly learned ideas and philosophies, it takes repetition to grow a fun idea into a life habit.

The BFL Maintenance program is designed to re-emphasize the impor-

tance of making the bucketfiller for life choice, and to keep the positive behavior alive in the hallways, on the bus, and on the playground. It is customized for each school via dialogue between the school representative and BFL. In most cases, the necessary investment is only about 50% of the first-year program.

April is the month when we begin scheduling Maintenance Programs for the next school year. If we worked at your school this year, you

will be hearing from us. If we did not, perhaps due to a year off, perhaps due to the utilization of an alternative company, or perhaps you have yet to experience the wonders of being a bucketfiller, we'd love to help you realize that positive bucketfilling energy with the Bucket Man's original Bucketfilling School Program.. Give us a call! We have seven Regional Training Centers in the U.S., waiting to serve you.

Rapid City Elementary School's Great Bulletin Board

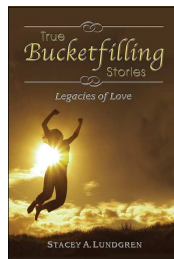
By Stacey A. Lundgren

Walking the hallways of Rapid City Elementary School in Rapid City, MI (Kalkaska Public Schools), I saw a beautiful bulletin board! We like to share bucketfilling ideas with other schools, so take a look at this. We know there are many terrific creations out there, so please email your photos to us along with the name and location of your school. We will be happy to share your idea with the entire country!



True Bucketfilling Stories: Legacies of Love Doing Well and More Exciting News....

Be sure to get your copy of the new bucketfilling book! The reviews posted on Amazon are terrific—so far, seven 5-star reviews. One of the reviews was given by Farmington Hills, MI, Child Psychologist Jeffrey A. Betman. Please take advantage of the publisher's new special going on right now. Visit their web site at: www.peacemountainpublishing.com for details. The book is also available on Amazon.



We are both thrilled and honored to report that one of *True Bucketfilling Stories: Legacies of Love* endorsers (see the book's back cover),

Robert L. Stephenson, a third grade teacher at Wardcliff Elementary in Okemos, MI, 2009-2010 Michigan Teacher of the Year, has been named as one of only four finalists for 2010 National Teacher of the Year! Congratulations, Rob! Recognition by President Barack Obama of the national honoree is tentatively scheduled to take place during the week of April 26-30, 2010.

The Bucket Man is Recovering Well

Thank you to all of you who have sent cards, visited, and inquired about how the Bucket Man (Merrill Lundgren) is doing since he broke his hip. We are happy to report that since having a total hip replacement, he is out of the hospital and rehabilitation, and is continuing to recover at home. He receives his rigorous physical therapy at home, and is gaining in strength and mobility. This is remarkable progress for anyone who has this type of surgery, but

since The Bucket Man will celebrate his 91st birthday next month, it is especially good news!

"I made a promise to teach the bucketfilling message until I'm 95 years old. I had better get going!" he told us. So... the next time The Bucket Man visits your school, he may be sporting a cane, but he'll be there!

Program Comments, Feedback, and Words from our Student and Adult Bucketfillers

Grandma, I love and respect you when you take me to basketball practice when mom can't and you stay and watch me.

4th grade student

Dad, I love and respect you because I know you will never leave us.

4th grade student

Mom, I love and respect you because before you died you made lots of good memories.

5th grade student

Dad, I love and respect you because you don't laugh at Mom's cooking when it's bad.

5th grade student

This was an amazing thing. We are so glad that we got her (our daughter) into this school of choice, because I've never heard of a school that had such a program for children. Thank you!

Mother of 4th grade student

I've always believed I am a lucky dad to have (my son) in my life. He taught me something today. He taught me that sometimes I am too busy to tell him I love him and why he is so important to me. I promise to do better on this.

Father of 5th grade student

Mrs. Richardson, I love and respect you because you are the best teacher in the world. You laugh at my jokes.

4th grade student

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